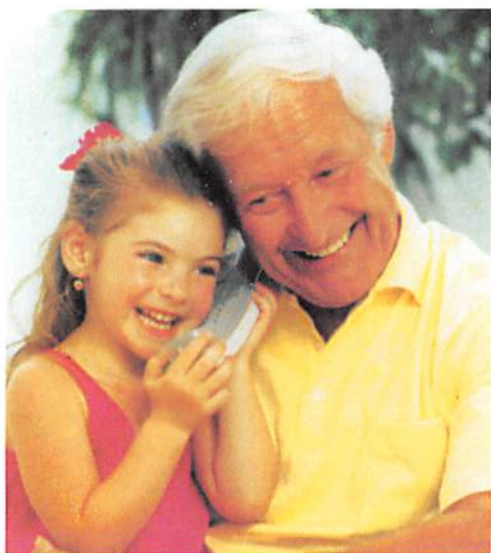


**Knowing you need help  
is one thing.  
Finding someone  
who can help you  
is another.**

**That's why in times  
of need, the best  
number to dial is  
2-1-1.**

**Trained call specialists  
are ready day or night  
to listen and respond  
to a caller's needs  
and connect them  
with the appropriate  
programs and services  
in their area.**



*People helping people find services  
for themselves, family, and friends.*

## **What is 2-1-1?**

**2-1-1 is an easy to remember  
telephone number that connects  
people with important  
community services and  
volunteer opportunities.**

**Every hour of every day,  
someone in the United States  
needs essential services - from  
finding an after-school program  
to obtaining assistance for a  
child or an aging parent. Faced  
with the growing number of  
agencies and help-lines, people in  
need of help often don't know  
where to turn. In many cases,  
they are unable to find help  
because they do not know where  
to start or whom to contact.  
U.P. 2-1-1 opens the door by  
providing easy access to needed  
information and assistance.**

## **Benefits of 2-1-1**

- **Free**
- **Comprehensive**
- **Talk to a "live" person**
- **Confidential - Individualized, personal interaction with trained and knowledgeable staff**
- **Accessible 24/7 - Available 365 days a year**
- **Community-Based-Information collected and updated on a timely basis**
- **Trained, Certified Information and Referral Specialists that will assess your situation, help you find answers to your questions, and provide you with options and any information you may need!**



## Questions & Answers

### 2-1-1 Provides Information and Assistance for . . .

Aging & Disability Resources

Employment

Rent/Utility Assistance

Senior Services

Home Care

Housing

Transportation

Child & Family Services

Medicare Medicaid Assistance  
Programs (MMAP)

Veterans Services

and more . . .

## Our Mission

To provide easy accessible, responsive and professional information and assistance to Upper Peninsula citizens and families in need.

**DIAL 2-1-1**

OR

**1-800-338-1119**

**TTY-DIAL 7-1-1**

Upper Peninsula   
**2-1-1**<sup>TM</sup>  
Get Connected. Get Answers.



2501 14th Avenue South  
P.O. Box 606  
Escanaba, MI 49829

[www.upcap.org](http://www.upcap.org)

UPCAP is a non-profit, charitable organization

Upper Peninsula   
**2-1-1**<sup>TM</sup>  
Get Connected. Get Answers.

Funded and administered by UPCAP



The  
Upper Peninsula  
Community  
and  
Human Resource  
Connection



**DIAL 2-1-1**