

# Participant Registration

CARE MANAGEMENT

CAREGIVER MEALS

PARTICIPANT INFORMATION

First Name

\_\_\_\_\_

Middle Initial

\_\_\_\_\_

Last Name

\_\_\_\_\_

Birth Date

\_\_\_\_/\_\_\_\_/\_\_\_\_

Age

Address

\_\_\_\_\_

City

\_\_\_\_\_

State

\_\_\_\_\_

ZIP Code

\_\_\_\_\_

County

\_\_\_\_\_

Township

\_\_\_\_\_

Directions (optional)

\_\_\_\_\_

Telephone

\_\_\_\_\_

**Income status - Is the participant's monthly income below poverty level?**

Yes  No

**Lives Alone**

Yes  
 No

**Household size of participant**

Two people in household  Three people in household  
 Four or more people in household  Unknown

**Marital Status**

Married  Divorced  Widowed  
 Separated  Single

**Spouse Name**

\_\_\_\_\_  
\_\_\_\_\_

**Participant Gender (Assigned at birth)**

Female  Other  No response/Unknown  
 Male  Prefer not to say

**Do you consider yourself to be transgender or gender non-conforming?**

Yes  
 No

**Participant Sexual Orientation**

Straight/Heterosexual  Prefer not to say  
 Lesbian  Other  
 Gay  No response/Unknown  
 Bisexual

**Race**

White  Native Hawaiian / Pacific Islander  
 Black  American Indian / Eskimo / Aleut  
 Asian

**Is Participant Multiracial?**

Yes  No

**Is Participant Hispanic?**

Yes  No

**Non-English Speaking?**

Yes  
 No

**How well does the participant speak English?**

Very well  Not at all  
 Well  Unknown  
 Not well

**Has the participant ever served on active duty in the U.S. Armed Forces, Reserves, or National Guard?**

Yes  Unknown  
 No

**Referral Name / Agency**

\_\_\_\_\_  
\_\_\_\_\_

Phone Number

\_\_\_\_\_

Emergency Contact

\_\_\_\_\_

Phone Number

\_\_\_\_\_

Participant has medical equipment (Notify in disaster)

- Yes
- No

**CARE RECIPIENT SERVICES INFORMATION**

Cluster I

Care Management

- Yes
- No

Start Date

\_\_\_\_/\_\_\_\_/\_\_\_\_

Homemaker

- Yes
- No

Start Date

\_\_\_\_/\_\_\_\_/\_\_\_\_

Chore Services

- Yes
- No

Start Date

\_\_\_\_/\_\_\_\_/\_\_\_\_

Home Delivered Meals

- Yes
- No

Start Date

\_\_\_\_/\_\_\_\_/\_\_\_\_

Home Care Assistant

- Yes
- No

Start Date

\_\_\_\_/\_\_\_\_/\_\_\_\_

Cluster II

Congregate Meals

- Yes
- No

Start Date

\_\_\_\_/\_\_\_\_/\_\_\_\_

Other (List)

- Yes
- No

Start Date

\_\_\_\_/\_\_\_\_/\_\_\_\_

Cluster III

Health Screening

- Yes
- No

Start Date

\_\_\_\_/\_\_\_\_/\_\_\_\_

Home Injury Control

- Yes
- No

Start Date

\_\_\_\_/\_\_\_\_/\_\_\_\_

Service Coordination

- Yes
- No

Start Date

\_\_\_\_/\_\_\_\_/\_\_\_\_

Transportation

- Yes
- No

Start Date

\_\_\_\_/\_\_\_\_/\_\_\_\_

Other

- Yes
- No

Start Date

\_\_\_\_/\_\_\_\_/\_\_\_\_

**NUTRITIONAL HEALTH**

Read the statements below. Insert number that applies.

**I have had a change in eating habits due to an illness**

- Yes - 2
- No - 0

**I eat less than 2 meals per day**

- Yes - 3
- No - 0

**I eat few fruits and vegetables, or milk products**

- Yes - 2
- No - 0

**I have 3 or more drinks of beer, liquor or wine every day**

- Yes - 2
- No - 0

**I have tooth or mouth problems that make it hard for me to eat**

- Yes - 2
- No - 0

**I don't always have enough money to buy the food I need**

- Yes - 4
- No - 0

**I eat alone most of the time**

- Yes - 1
- No - 0

**I take 3 or more different prescribed or over-the-counter medications a day**

- Yes - 1
- No - 0

**Without wanting to, I have lost or gained 10 lbs in the last 6 months**

- Yes - 2
- No - 0

**I am not always physically able to shop, cook and/or feed myself**

- Yes - 2
- No - 0

**Total Score =**

**0-2: No Risk**

**3-5: Moderate Risk**

**6 or More: High Nutritional Risk**

**CARE RECIPIENTS RECEIVING CLUSTER I SERVICES  
(UPCAP CARE MANAGERS ONLY)**

**Mark all activities that require assistance - ADLs**

- All
- Eating / Feeding
- Dressing
- Bathing
- Walking
- Stair Climbing
- Bed Mobility
- Toileting
- Bladder Function
- Bowel Function
- Wheeling
- Transferring
- Mobility Level
- None

**Mark all activities that require assistance - IADLs**

- All
- Shopping
- Handling Finances
- Heavy Cleaning
- Light Cleaning
- Using Public Transportation
- Using Private Transportation
- Cooking Meals
- Reheating Meals
- Taking Medications
- Using Phone
- Doing Laundry
- Keeping Appointments
- Heating Home
- None

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Title :

Date

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Title :

Date