

## RESOURCES:

### **FALLS:**

#### **UPCAP Website**

- Health & Wellness Promotional Brochure – lists all programs provided by UPCAP
- Matter of Balance Promotional Brochure

#### **Aging in Place Toolkit**

- Physical Health Section – covers fall prevention, balance, walking, safety while completing ADLs & IADLs

#### **CDC STEADI Program (Stopping Elderly Accidents, Deaths, & Injuries)**

- Brochures for Health Care Providers:
  - Pocket Guide for Preventing Falls in Older Patients
  - Fall Risk Factors Checklist
  - Medications Linked to Fall Risk – Fact Sheet
  - Helping Older Patients Reduce Risk of Falling – Fact Sheet
- Brochures for Participant/Family:
  - Family Caregivers: Protect Your Loved Ones from Falling
  - Check of Safety Brochure
  - Stay Independent Brochure
  - What you can Do to Prevent Falls Brochure
  - Chair Rise Exercise Brochure

#### **MI Choice Waiver Interventions/Services**

- Schedule a Home Visit– review home safety and offer feedback on any safety concerns and recommendations
- Recommend additional MI Choice Waiver Services:
  - Environmental Accessibility Adaptations
  - Specialist Medical Equipment & Supplies
  - Personal Emergency Response System
  - Community Living Supports
  - Chore Services
  - Nursing Services
- Complete the Housing Assessment in COMPASS
- Complete Home Safety Evaluation in COMPASS
- Complete Medication Review and follow up with Physician