

Loving on Empty

Free On-line Conference for Family Caregivers

Saturday, Oct. 15
9:00 am - Noon (EST)

Please share with every caregiver you know!

Keynote 9:10-10:10 am

Finding Balance: Confidence & Wellness in Caregiving



Rosanne DiZazzo-Miller, PhD, OTRL, CDP, FMIOTA
*Associate Professor & Director
Health Sciences Mentoring Program, WSU*

Too many caregivers of people with dementia are sent home with a diagnosis and little to no training on the progression of the disease. This presentation will provide an overview of the daily challenges faced by most caregivers and discuss the critical role of confidence and wellness in caregiver well-being.



10:15-11:15 am

"What's your style?" How caregiving style impacts the care you provide & your own well-being

Dr. Leggett will present research on the different cognitive and behavioral approaches caregivers use to help persons living with dementia. . Learn how your style impacts communication, conflict, well-being & stress.

Amanda Leggett, PhD, FGSA
*Assistant Professor
Institute of Gerontology & Dept of Psychology, WSU*

11:15-11:50 am

Tech Advances in Virtual Care Bring the Doctor to You



With **TytoCare**, a Henry Ford Virtual Exam kit, doctors can examine homebound patients during a virtual care visit. This handheld device securely connects to the patient's Henry Ford MyChart electronic medical record. It allows doctors to look inside ears, listen to lungs & heart, take temperatures, look down the throat and more.

Joel Whitbeck
Director of Virtual Primary Care, HFHS

CLICK to
Register for
Oct 15
Zoom

Or register by following this link in your
browser's window:

<https://tinyurl.com/ycxnnd>