



December 1961 - December 2011



Upper Peninsula
Commission for
Area Progress





UPCAP

Celebrating 50 Years of Progress

Fifty years ago, thirteen county delegates plus several agency and institution representatives met in Marquette in what became the first organizational meeting of the Upper Peninsula Commission for Area Problems. It was the first quasi-governmental body of Upper Peninsula-wide local government ever to assemble. In the words of its founders, *"its job is big, its problems many, and its opportunities unlimited"*. Fifty years later those words still apply. However, since 1961, UPCAP has established a legacy filled with accomplishments and achievements. Many of these are highlighted on the following pages. They include:

- Developing the six Community Action Agencies in the U.P. and laying the groundwork for the Inter Tribal Council of Michigan
- Establishing the first Head Start program in the United States
- Developing the three Planning and Development Districts
- Developing the three Job Training Consortia (known today as Michigan WORKS!)
- Receiving designation as the Region XI (U.P.) Area Agency on Aging and subsequently establishing a network of senior centers and service providers throughout the region
- Creating the Upper Peninsula Association of County Commissioners
- Becoming the first and only organization to have a county commissioner from each of the fifteen counties of the U.P. on its Board of Directors
- Developing one of the first aging Care Management programs in Michigan which laid the foundation for the MI Choice program; the largest program ever administered by UPCAP

- Designated by the Michigan Public Service Commission as Michigan's first regional 2-1-1 Call Center
- Establishing the U.P. 9-1-1 Authority and the U.P. State Fair Authority
- Along with the Superior Alliance for Independent Living (SAIL), receiving designation as Michigan's first Aging and Disability Collaborative

These and other achievements were made possible through the efforts of the hundreds of staff members who have passed through the doors of UPCAP; through the guidance and support of the many public and consumer representatives serving on UPCAP's Board and committees; and by UPCAP's many state and federal funding sources and service providers.

Of the six founding "fathers" that met on August 22, 1961, to develop the first peninsula-wide organization to collectively represent the 15 counties of the Upper Peninsula, only one is still alive today - Frank Mead. Presently serving as a member of the UPCAP Board, Frank Mead continues to be involved with the organization he helped create 50 years ago. In appreciation of and thanks for his past and present contributions and support, we ***dedicate this commemorative 50-year chronicle to Frank.***



March 7, 1961

After several preliminary meetings, 75 township supervisors, city officials and others from across the U.P. meet to discuss the feasibility of creating a **Regional Planning Commission** under **Act 200**, Michigan Public Acts, which allows inter-municipality committees to study area problems and receive gifts or grants.

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May 1, 1961

President Kennedy signs the **Area Redevelopment Act** - a \$400 million stimulus package to stimulate jobs through vocational training programs.



August 22, 1961

At the invitation of Alex Goldade, Chairman of the Upper Peninsula Supervisors Association, Harold Vanlerberghe, Chairman of Region X, Michigan Municipal League, a meeting is called to proceed with organizational development. Some 45 representatives from across the peninsula appoint a steering committee to draft the proposal resolution to be presented to the 15 boards of supervisors. Serving on the steering committee: **Ernest Newmann** (Marquette), **Harold Vanlerberghe** (Escanaba), **Frank Mead** (Grand Marais), **Ivan Brown** (Iron Mountain), **Carl Corneliuson**, (Marquette).

December 8 & 9, 1961

The **first organizational meeting of UPCAP**. Twelve of the fifteen U.P. counties resolve to participate. Followed soon after (January 4, 1962) by two additional counties: *exception Marquette County*. Noted as the first quasi-governmental body of U.P.-wide local government to ever assemble.

Original by-laws reflect UPCAP stands for “**Upper Peninsula Committee on Area Problems.**”

The **first Operating Budget is set at \$3,000** for postage, telephone, printing, and secretary.



October 23-26, 1962

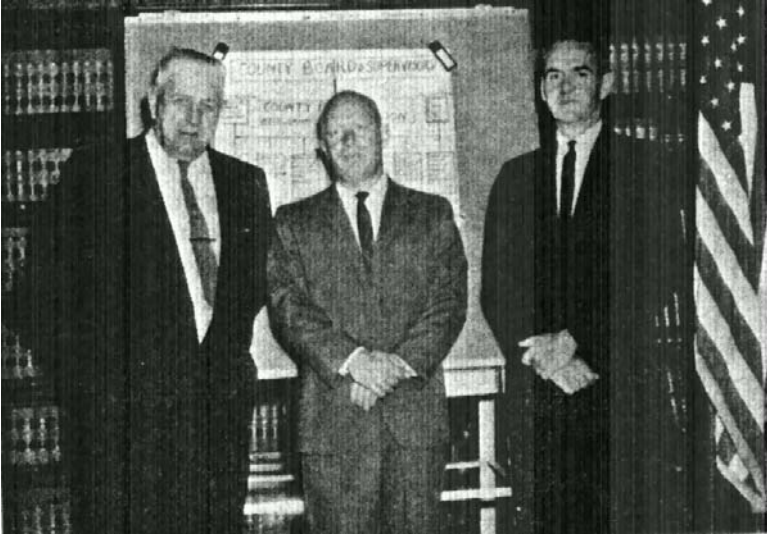
UPCAP conducts local workshops on the **Overall Economic Development Program (OEDP)**. Other meetings are held in Houghton, L'Anse, Marquette, Iron Mountain, Escanaba, and Manistique to help county planning organizations prepare their OEDP's, and to acquaint civic leaders with UPCAP programs. About 40 specialists from Washington and Lansing assemble to assist with the workshops. A total of 200 individuals participate.

January 12, 1963

UPCAP declared legally qualified to accept planning grants in the State of Michigan.

Some of the initial UPCAP Programs included:

- A \$160,000 **On-the-Job Training Program** grant which reimburses employers for part of the costs incurred in training new employees in needed skills or retraining present workers.
- UPCAP's **Small Business Development Center** which provides assistance to owners and proprietors of limited income businesses and industries in the U.P. to secure loans to improve their business.
- A \$421,530 **Neighborhood Youth Corps** grant is received and administered jointly through UPCAP and NMU to offer training opportunities for some 450 in-school and out-of-school youth between the ages of 16 and 21.
- **An Economic Development Administration** A grant of \$156,156, targets six area communities to study and implement programs to develop or improve housing and urban planning, recreation and tourism, industrial development, and manpower training and development.



ALGER COUNTY: **James W. Knox**, Chairman, Alger County Board of Supervisors; **Frank Mead**, UPCAP Delegate; and **John Killoren**, Chairman Alger County Planning Commission.

UPCAP Officers:

Lynn Sandberg, Chairman - Baraga County
Harold Dettman, Vice Chairman - Mackinac County
Donald Munro, Treasurer - Ontonagon County
Harold Vanlerberghe, Secretary - Delta County
Frank Mead, Alger County
Donald Howsen, Chippewa County
Orville Hatle, Dickinson County
Robert Ray, Gogebic County
Ken Dorman, Houghton County
Edward Jacobs, Iron County
Tom Knight, Keweenaw County
C.D. Zagelmeier, Luce County
Stephen Kakuk, Menominee County
Nelson Cushman, Schoolcraft County

March 20, 1964

After two years of operation, the Executive Committee provides recommendations to improve UPCAP's effectiveness in the region.

They include:

- Increasing **county-level involvement**
- Developing a **public information program**
- **Restructuring** of boards & committees
- Enhancing **filing and record retention**

As a result of these recommendations, UPCAP begins hiring a small staff and **develops the following resource committees** to address regional problems and opportunities:

- Agriculture
- Fisheries
- Forests
- Human Resources
- Manufacturing
- Mining
- Natural Gas
- Tourism & Recreation
- Transportation, Communication, & Utilities

1964

September 1964

Dr. E.V. Bowden appointed as UPCAP's **first Executive Director.**

Name is changed to "Upper Peninsula Committee *for Area Progress.*"

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UPCAP moves into new building:

118 N. 22nd Street, Escanaba

1965

- The **Office of Economic Opportunity** is created by President Johnson as part of his War on Poverty program.
- President Johnson signs the **Older Americans Act**.



UPCAP works directly with the Washington Office of Economic Opportunity to develop:

- **Six Community Action Agencies** in the UP
- One of the ***first* Head Start Programs** in the United States.



Program administration for the **Head Start** programs is transferred to the Community Action Agencies

December 1965

Joseph V. Tuma is appointed *Acting* Executive Director.



Officers of UPCAP: left to right: **Harold J. Vanlerberghe**, secretary; **Lynn Sandberg**, Vice Chairman; **Harold L. Dettman**, Chairman; **Fred H. Hahne**, Treasurer; and **Joseph V. Tuma**, Executive Director

March 1966

Joseph V. Tuma is appointed Executive Director.

May 1967

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Lake Superior State College is added to the list of Institutions of Higher Learning Members on the UPCAP Board which includes:

- Michigan Technological University
- Northern Michigan University
- Michigan State University Extension in the U.P.
- University of Michigan Extension in the U.P.

December 3, 1968

UPCAP's legal organizational basis is changed under

MI PA 200 (the *Inter-municipality Study Committee Act*),
to

Act 46 (the *Regional Economic Development Commission Act*), and

Act 281 (*Regional Planning Commission Act*).

UPCAP organizes the three **Upper Peninsula Planning and Development Districts** at the request of the Economic Development Administration.

December 8, 1970

To enhance its ability to receive federal and state grants, it is recommended that UPCAP create ***UPCAP Services, Inc.***, a 501(c) (3) tax exempt entity.

Lee D. Meyers is appointed Executive Director



February 11, 1971

UPCAP Services obtains **501 (c) (3) status**, and **Articles of Incorporation** for UPCAP are officially executed.

UPCAP receives a grant from the **Emergency Employment Act Program** to establish three ancillary manpower boards in the U.P. These boards evolved into three Consortia under the **Comprehensive Employment & Training Act (CETA)**. Today the Consortia are administered under the **Job Training Partnership Act (JPTA)**, and have come to be known as the **Private Industry Councils (PICs)**.

November 1972

Robert E. Olsen is appointed Executive Director.

Jim Bruce, Human Resource Specialist, (L) and **Bob Olsen**, UPCAP Executive Director, (R) discuss funding resources for U.P. CAAs.

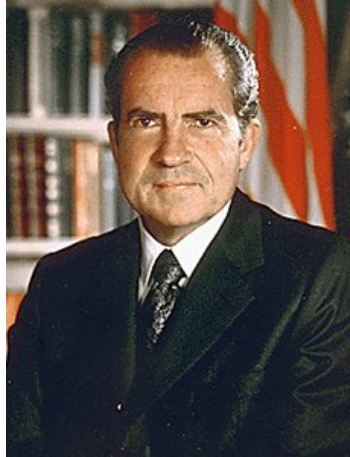


A November 13, 1972, letter recommends UPCAP Delegate Body representatives be county commissioners.

Bylaws are amended to adopt this recommendation on December 5, 1972.

May 1973

Older American Act amendments creating **Area Agencies on Aging** are signed into law by President Richard Nixon.



1974

UPCAP Services, Inc. is designated as the **Upper Peninsula Area Agency on Aging (AAA)**. The AAA ensures the provision of quality services through the selection, funding, contracting and monitoring of local service providers.

UPCAP begins serving as administrator of the newly created **Upper Peninsula Association of County Commissioners (UPACC)**.



March 4, 1975

Bylaws are amended to ensure that **county commissioners constitute a majority** of both the UPCAP Delegate Body and the Executive Committee.

July 1977

Statement on bottom of letterhead reads:

Created in 1961, UPCAP is a locally directed and locally controlled regional economic and human resource development and planning organization (legally established pursuant to Michigan Act 281, 1945 and Act 327, 1931). It is an organized group of leading local citizens representing Upper Peninsula Counties, Community Action Agencies, Upper Peninsula Planning and Development Districts and Colleges and Universities serving the Upper Peninsula.

1980

UPCAP Weatherization Program

Through a contract with the State of Michigan's Bureau of Community Services Division, UPCAP provides monitoring, training, and technical assistance to agencies across the Upper Peninsula providing Weatherization services.

Weatherization (*continued*)

The program is funded by the U.S. Department of Energy's Low Income Energy Assistance Program. Services were, and still are, provided by the six Upper Peninsula Community Action Agencies.



Pictured: Two of UPCAP's three longest serving employees still employed:

Dan Young, (right) *Weatherization Specialist*, hired in 1982

Mark Bomberg, (left) *Care Management Program Coordinator*, hired in 1984

1984

UPCAP enters into the long-term care arena when it is selected as one of five pilot **Care Management** project sites in Michigan.

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UPCAP Care Management

Shared Housing Program

UPCAP starts **the Shared Housing Program** in 1985 as a demonstration program funded by the Office of Services to the Aging. This program offers a senior the opportunity to share their home with another compatible adult. It is an economical alternative which provides a senior (*at least 55 years of age*) the possibility of meeting a potential housemate who can help reduce the mental and economic stress of living alone.

1986

Nursing Home Enrichment Program

Funded through Office of Services to the Aging, this program provides enrichment programs to the residents of nursing home facilities throughout the Upper Peninsula.

December 1988



Employed by UPCAP since 1976, **Jonathan Mead** is named **Executive Director** by the UPCAP Board.

Michigan Department of Social Services and Public Health contract with UPCAP to implement a second “**Pre-Admission Screening**” **pilot program** in the U.P. Pre-Admission Screening was the model for the future MIChoice Home & Community-Based Services Waiver program.

January 1989

UPCAP purchases Airport Plaza property at 2501 Fourteenth Avenue, South, Escanaba, for \$200,000.

UPCAP begins contracting with private non-profit housing organizations to manage low-rent family and elderly apartment complexes. UPCAP secures Farmers Home Administration (FHA) funding and a real estate brokerage license to enable them to offer more **affordable housing** options for U.P. residents.

1989

Escanaba Community Day Care

Receives a \$63,000 grant from the Neighborhood Builders Alliance for the development and operation of a **child day care center** in Escanaba. This program is subsidized by the state. Utilizing senior citizen volunteers minimizes operating expenses. In August of 1989, a director is hired to run the center. By December, all necessary tasks have been completed and the center is ready to open.

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Adult Day Care Development Program

As an alternative to institutionalization, the Area Agency on Aging, through a grant from OSA, administers an **Adult Day Care Program**. During FY 89, a grant is received from the Michigan Department of Mental Health to greatly expand the operation of the **Dickinson County Adult Day Care Center**.

UPCAP enters the **housing development** arena by assisting Chatham Non-profit Housing Corporation with a loan application for a 12-unit elderly project in Chatham, Michigan.



Youth Work Experience

1990

During summer of 1990, UPCAP operates a Summer Youth Employment and Training Program and a **Michigan Youth Corps Employment Program** in Alger County. Combined funding for the programs was \$58,212. UPCAP employs 40 young people for the summer to work at various governmental and non-profit worksites providing a valuable, and in many cases, a tax saving service to the public.

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Bylaws: UPCAP's mission shall be to promote the development of the human, social, and community resources of the Upper Peninsula of Michigan by the following activities:

- *Serving as the Upper Peninsula Area Agency on Aging, a regional focal point for aging services and aging resources to the Upper Peninsula of Michigan*
- *Providing funding and services to public and non-profit organizations, government bodies, and individuals in need.*
- *Providing technical assistance and services to public and non-profit bodies, and individuals who wish to utilize assistance provided by federal and state programs for the provision of human, economic, educational, and social services.*
- *Promoting the development and provision of affordable housing opportunities to the citizens of the Upper Peninsula of Michigan*

1991

There are 38 UPCAP employees in 1991.

Community Corrections

UPCAP begins working with the **West-Central U.P. Regional Community Corrections Board** and NorthPointe Institute of Traverse City to develop comprehensive a Community Corrections Plan for Delta, Dickinson, Gogebic, Iron, Menominee, and Ontonagon Counties to implement a **Community Service Work Program**. In March the proposed plan is forwarded to the State Community Corrections Board where it is approved and funded. On June 1st, the program began accepting referrals.



1991

April 1991



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UPCAP moves into new office building at:
2501 Fourteenth Avenue, South, Escanaba.



UPCAP Executive Committee: (left to right) Ernest Hoholik, Lloyd Benson, Ray McGrath, Toivo Kuivanen, Rita Hodgins, David Dennis, Paul Tesanovich, Jonathan Mead, David Rivard, and Douglas Bovin

January 1992

Marquette County becomes a member of UPCAP. For the first time since its creation in 1961, **all fifteen counties are members** of UPCAP.

JTPA Older Worker Program

UPCAP administers a **Job Training Partnership Act (JTPA)** 3% Older Worker contract. Funded through the Six County Consortium for Employment and Training, this program is designed to prepare low income participants who are age 55 or over for entry into the work force. A total of 33 participants are enrolled and complete classroom training. This program includes Delta, Dickinson, Menominee, and Schoolcraft Counties.

UPCAP is selected as one of three pilot sites to develop and implement **Michigan's Home & Community-Based Waiver Program**. Later known as the **MI Choice Program**.

Chatham Manor Apartments are constructed. Work begins with **Grand Marais Senior Housing Authority** to develop a project in Grand Marais. UPCAP secures a real estate brokers license and begins providing management services for the former Dickinson-Iron CAA during bankruptcy and transition of management. Management portfolio includes: **Westwood Apts** (Kingsford), **Spring Valley Apts** (Caspian), **Strawberry Lake Apts** (Norway), **Chatham Manor Apts** (Chatham).

1993

The **Medicare Medicaid Assistance Program (MMAP)** is created. UPCAP is selected to administer the program in the U.P. During its first year, 44 volunteers are trained in 13 of the 15 U.P. counties.



MMAP, Inc.
Michigan Medicare/Medicaid Assistance Program

UPCAP Board of Directors

David Rivard, Chair, Delta County

Toivo Kuivanen, Vice Chair, Ontonagon County

Ernest Hoholik, Treasurer

Douglas Bovin, Secretary, Delta County

Frank Mead, Alger County

Paul Tesanovich, Baraga County

Lowella Eskel, Baraga County

John Peacock, Chippewa County

Ernest Mariucci, Dickinson County

V. Melvin Jacobson, Gogebic County

Clarence Dwyer, Houghton County

Thomas Korpi, Iron County

Elmer Hetrick, Luce County

Ray McGrath, Mackinac County

Gerald Corkin, Marquette County

Lloyd Benson, Menominee County

Louis Lauzon, Schoolcraft County

Rita Hodgins, MSU Extension

1994

During FY 1994, **Care Management** expands into 4 new counties making the program available in 12 U.P. counties.

UPCAP continues to work with non-profit developers, specifically Norway Area Non-Profit Housing Corporation. USDA Rural Development loan application, 501 (c)(3) status, land acquisition, and selection of a builder are just a few of the areas needing UPCAP expertise.

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1997

Michigan Works



In July of 1997, UPCAP embarks upon a new project. Working under contract with the Six County Employment Alliance, UPCAP begins providing **Work Force Development Services for the Michigan Works Program** in the counties of Alger, Delta, Dickinson, Marquette, and Menominee.

Staff provide recruitment, outreach, assessment, case management, on-the-job training contracts, and job club activities. **Funded under the Job Training Partnership Act (JTPA)**, Michigan Works has programs for youth, adults, older workers, and displaced workers.

1998**Professional Services Program**

UPCAP adopts this program in January 1998. This program provides valuable occupational and speech therapy staffing services to other health care organizations and one school district in the south central Upper Peninsula.

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Resolution Services Program

UPCAP also adopts the **Resolution Services Program** in 1998. Mediation is the voluntary alternative to adversarial means of settling disputes. Mediators are trained volunteers with the skills for helping people create their own settlement. This program offers forms of conflict resolution training to both adults and children. Learning to resolve conflicts in the family, the workplace, on the playground and elsewhere is a power prevention tool for the young and the old.

1999**Bridgewood Central**

UPCAP takes over the management of **Bridgewood Central** in July 1999. This is a **group home** that houses mentally impaired and developmentally disabled individuals that supports their for self care skills.

November 13, 2000

Older Americans Act Amendment establishing the **National Family Caregiver Support Program** is signed into law by President Clinton.



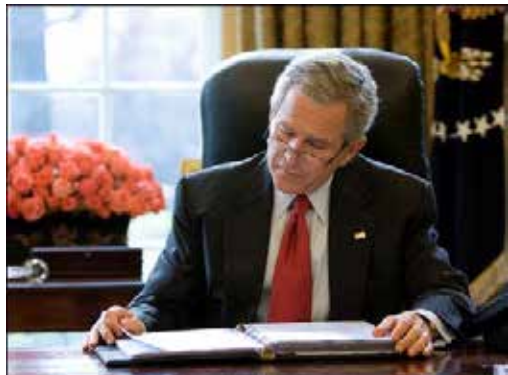
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2001

UPCAP partners with a private developer, PK Housing/Management to develop housing in the Escanaba area using the Low Income Housing Tax Credit program.

October 2003

The **Medical Prescription Drug Improvement and Modernization Act** is enacted under President George W. Bush. The Act creates the Medicare Part D Prescription Drug Program.



2004

Ground breaking takes place for the **Meadowbrook** (32 unit elderly) and **Willow Grove** (48 unit family) projects in Escanaba.

2005

UPCAP assists the non-profit owners of **Westwood** and **Spring Valley** Apartments with loan applications to renovate and rehabilitate the properties.

UPCAP is selected by the Department of Community Health as one of four “pioneer” sites to develop and implement a **Self-Determination/ Self Directed Care** option for **MIChoice Waiver Program**.

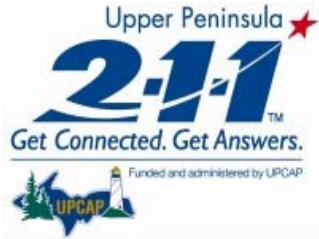
2006



UPCAP adds **Les Cheneaux Apartments** (36 unit family project) to management portfolio.

2006

UPCAP is designated by the Michigan Public Service Commission to serve as the **2-1-1 Call Center** for the 15 counties of the Upper Peninsula. In May, UP 2-1-1 begins providing easily accessible, responsive, and professional health and human service information and assistance to U.P. residents.



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UPCAP is selected as one of four demonstration sites in Michigan serving as the **Single Point of Entry to Long-Term Care** (Long Term Care Connection).

2007

UPCAP provides construction management services to Caspian Housing Corporation, owners of the **Spring Valley Apartments** for renovation and rehabilitation of the project. UPCAP partners with PK Housing Development to purchase and rehabilitate the Wildwood Apartments (24 unit elderly project) in Ironwood, Michigan.

UPCAP adds the **Empire Townhomes** (18 unit family), **Lake City Apartments** (18 unit family), and the **Woodridge Apartments** (32 unit family) to management portfolio.

2008

UPCAP is named Secretary/Administrative Agent of the **Upper Peninsula 911 Authority**. This Authority oversees 911 emergency call answering and dispatch services across the U.P.

**2009**

UPCAP is named Secretary/Administrative Agent of the **U.P. State Fair Authority**. This Authority oversees the operations of the U.P. State Fair and the fairgrounds.

UPCAP and the Superior Alliance for Independent Living (SAIL) begin working collaboratively to develop and serve as an **Aging & Disability Resource Collaborative (ADRC)**. ADRC programs are designed to help individuals make informed choices and streamline access to long-term care.

2010



The UPCAP and SAIL joint application for designation as an emerging ADRC is approved becoming the **first emerging ADRC in Michigan.**



2011

UPCAP partners with Watermark Consultants LLC to purchase and rehabilitate the **Lakeshore Heights Apartments** (24-unit family project) in Ishpeming, Michigan.



- **U.P. Area Agency on Aging (UPAAA)**
- **MI Medicare/Medicaid Assistance Program (MMAP)**
- **Aging & Disability Resource Collaborative**
- **Jail Resource Center**
- **Caregiving Resources**
- **Wellness Programs**
- **Veterans Services**
- **MI Long Term Care Ombudsman Program**
- **Long Term Care Programs**
- **UP 2-1-1 Call Center**
- **Mediation / Resolution Services**
- **Community Corrections**
- **Housing Development & Management**
- **UP Association of County Commissioners**
- **UP 911 Authority**
- **UP State Fair Authority**

Current number of UPCAP employees: 98

UPCAP Executive Directors

1963-65	Dr. E.V. “Bert” Bowden
1965-68	Joseph V. Tuma
1968-72	Lee D. Meyers
1972-88	Robert E. Olsen
1988-present	Jonathan S. Mead



2011 UPCAP Board of Directors

Jerry Doucette, Alger County

Gale Eilola, Baraga County

Jim Moore, Chippewa County

Thomas Elegeert, Delta County

Joe Stevens, Dickinson County

Tom Gerovac, Gogebic County

Edward Jenich, Houghton County

Wayne Wales, Iron County

Frank Stubenrauch (*Secretary*), Keweenaw
County

Jill Maki (*Vice-Chair*), Luce County

James Hill, Mackinac County

Gerry Corkin (*Treasurer*), Marquette County

Bernard Lang (*Chair*), Menominee County

Carl Nykanen, Ontonagon County

Allen Grimm, Schoolcraft County

Richard Timmer

Frank Mead

Amy Maes

Paul Tesanovich

Sharon Teeple

Designed and compiled by:
Jonathan Mead
Dan Young
Tracy Lektzian
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UPCAP -

promoting the development of the human, social, and community resources of the Upper Peninsula of Michigan since 1961.